



# Take advantage of your Supplemental Health wellness benefit

*Congratulations! You made a great decision by enrolling for Accident, Critical Illness and Hospital Indemnity Insurance issued by **The Prudential Insurance Company of America (Prudential)**.*

➔ But did you know that your coverage includes a wellness benefit<sup>1</sup> of \$100 for Accident, \$100 for Critical Illness and \$100 for Hospital Indemnity Insurance, which helps you to stay healthy by rewarding you for routine health screening tests such as your routine health check-up, dental exam, mammogram, and more?<sup>2</sup> And now you can easily submit your wellness claim with documentation from your provider just by:

- Visiting [www.prudential.com/mybenefits](http://www.prudential.com/mybenefits)
- Or calling **844-455-1002**, M-F, 8 a.m. to 8 p.m. ET to speak with a representative.

Claim your benefit if you or a covered person received one of the covered wellness benefits listed below. For a complete list of health screening tests, please see your Outline of Coverage.

Health Screening Test	
Bone marrow testing	Hemoccult stool specimen
Blood test to determine triglycerides	Lipid panel
Chest x-rays	Mammogram
Colonoscopy	Pap smears or thin prep pap test
Carotid doppler	Serum protein electrophoresis
Doppler screening for peripheral vascular disease	Skin cancer biopsy
Electrocardiogram (EKG)	Stress test on bicycle or treadmill
Echocardiogram	Thermography;
Flexible sigmoidoscopy	Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms
Hearing Test	Human papillomavirus (HPV) vaccination

1 The Wellness benefit is payable once per calendar year, per covered person, if the covered person receives a covered health screening test while not confined in a hospital.

2 The Screening/Wellness benefit is not available in all states.

Group Accident, Group Critical Illness and Group Hospital Indemnity Insurance coverages are limited benefit policies and are not substitutes for medical coverage that provides benefits for medical treatment, including hospital, surgical and medical expenses, and they do not provide reimbursement for such expenses. Group Insurance coverages are issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ.

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